Gathering information about your treatment options:

☐ What are the different treatments for my condition?
☐ What will the preparation for treatment look like?
☐ What will the duration of each treatment be? What about the entire treatment plan?

What treatment is right for me?

☐ Is radiation therapy or a prostatectomy (removal of the prostate) recommended?
☐ Should we consider laparoscopic or robot-assisted prostatectomy?
☐ Which kinds of radiation therapy would treat my cancer best?
☐ Are there other alternative treatments that may work?
☐ Will there be an impact on my daily routine?
☐ Will I be able to continue to work?
☐ What activities will I still be able to do?
☐ What activities are not recommended during each type of treatment?

Deciding on a treatment plan:

☐ What are all the treatment options for this stage of cancer? Which are available at this facility?
☐ How soon must a decision on treatment be reached?
☐ What is (_______) treatment like? When/Where/How does it happen?
☐ What are the expected side effects and risk factors with (_______) form of treatment?
☐ What are the chances that I will suffer from complications during or after treatment? What advanced technologies do you offer at this facility that can help reduce the risk of side effects?

When the risks, benefits, preferences, outcomes and costs of various treatment options are weighed, they can deviate significantly from one man to another. This guide can help you start an open and candid conversation with your physician.
Prostate Cancer Treatment Discussion Guide
Check off the questions you’d like to ask your physician.

What sort of side effects can I expect during treatment?

☐ What are the expected side effects and risk factors with my treatment?
☐ What are the chances that I will have problems with incontinence or impotence?
☐ What are the chances that I will have other urinary or rectal problems?
☐ Should I be worried about side effects after treatment has ended?
☐ Is there a chance the cancer will come back after treatment?

Other Questions

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Notes

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